# Enfield Senior Center 299 Elm Street, Enfield, CT 06082 860-763-7425

News Release: Week of November 14, 2022

Contact: Mary Keller, Senior Center Manager, mkeller@enfield.org

## **Pumpkin Charger Craft:**

Tuesday, November 15, 3:00-5:00pm.

Paint a beautiful sunflower and pumpkin charger for the holidays!

Resident \$22.00, non-resident \$28.00.

#### **Fun Bingo:**

Wednesday, November 16, 11:00-11:45am.

Drop-in and play a few games for small cash prizes. Cost is fifty cents per card. Please bring exact change.

### **Medicare Workshops:**

Wednesday, November 16, 1:00pm - ConnectiCare

Medicare Open Enrollment runs from October 15 – December 7. Stateline Senior Services will be offering workshops at the Senior Center to discuss Medicare plan options.

### **AARP CT Smart Driver Program:**

Wednesday, November 16, 1:00-5:00pm.

In-person driver safety course. AARP member \$20.00, \$25.00 for non-members.

Call 860-763-7425 to reserve a spot. This is the last in-person class until March 2023.

### **Drop-in Tech Help:**

Wednesday, November 16, 1:30-3:30pm.

Bring your device with you. Free.

## <u>Getting Ready to Review – My Medicare Prescription Drug Costs:</u>

Wednesday, November 16, 6:00-7:00pm.

Will St. George, CT CHOICES Counselor, discusses how to lower prescription drug and insulin costs using Medicare.gov "plan finder."

#### Yoga Special:

Wednesday, November 16, 6:45-7:45pm.

Please bring your mat, towel, and water bottle.

Resident \$5.00, non-resident \$6.00.

#### **Trivia & Treats:**

Thursday, November 17, 1:30pm.

Join Nicole Matson from Home Helpers for trivia, treats and prizes. Free.

### **Paint Stick Snowflake Craft:**

Thursday, November 17, 1:30-3:30pm.

Using paint sticks, popsicle sticks, glitter and greenery create a snowflake to brighten up the winter season. Resident \$10.00, non-resident \$12.00.

## CT Home Care Program for Elders (CHCPE):

Thursday, November 17, 2:30pm.

Presented by William Mendoza, Outreach Manager, A Better Life Homecare LLC. Free.

### **Senior Singles:**

Thursday, November 17 at 4:00pm.

Join other senior singles for friendship and fun. Free.

### **Card Making:**

Friday, November 18, 9:30-11:30am.

Christmas cards.

Resident \$4.00, non-resident \$5.00.

### **CHOICES Counseling:**

Will St. George, CHOICES Counselor, will offer free 45-minute appointments on Friday mornings from 9:00am-12:00pm and Monday evenings from 5:30-7:30pm at the Senior Center. To book an appointment, call 860-763-7425.

#### Trips:

The Senior Center is currently planning the 2023 trip schedule. If you have any suggestions, please stop by the front desk with your ideas. We are interested in where you would like to travel next year.

### Ask The ...:

The following services are available for a free 15-minute consultation during limited morning hours. Call the Senior Center at 860-763-7425 to schedule an appointment.

Legal Consultation: November 15 (guidance from general practice law firm)

Ask the CPA: November 16

Ask the Lawyer: November 30 (advice from practicing Elder Law attorneys)

Ask the Realtor: December 7